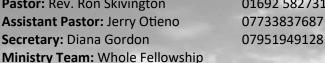
Stalham Baptist Church

Weekly News Bulletin 20th October 2019

01692 582731 Pastor: Rev. Ron Skivington **Assistant Pastor:** Jerry Otieno Secretary: Diana Gordon





Diana is leading and Jerry is preaching from Colossians 2: 16 -23 "Focus On Christ NOT Self-Made Religion"

We would like to offer a very big welcome to any visitors who have joined us this Sunday. Would you kindly sign our visitors' book at the back of the Church, and you are very welcome to join us for refreshments in the Stables at the end of the service.

Today's Sermon. The Self - Made Religion involved:

(1) Diets & Days v 16-17 (2) Asceticism & Angels v 18-19

(3) Rules & Regulations v 20-23

For Your Prayers

Please pray also in October for the residents of Millside, Lawns Loke and Railway Mews. Prayer cards have been given to Eden Plants Home - Garden and Café Charlotte both to be found in High Street Stalham. As we pray through the new Church Directory, please remember **Diana**

Pray for Ron and Jane who are on holiday for the next couple of Sundays. As part of our weekly worship we have a **Prayer Team** available to anyone who would like the support of others in prayer. You can find today's prayer team **Geoff and Barbara** in the prayer tent at the back of the Church.

EBA Weekly Prayer Focus: Bowthorpe Church Norwich

Bowthorpe Church is located in a housing estate on the western outskirts of Norwich. It is a local ecumenical partnership between the Anglican, URC, Methodists and Baptists. The minister of this busy church is Revd Mark Elvin who is equipping the church for ministry and sharing their faith.

There are a range of regular activities including a toddler group, a dance group for the elderly, a dementia-friendly cafe, and they are planning a mental health dropin for students from the nearby University of East Anglia campus. There are over 1,000 new homes being built nearby and the church has developed a welcome pack for new residents and is looking at ways to reach out to all the new occupants. The church is involved in two charities. The Ruin Trust is centred around the ruins of the 700 year old church. The Bowthorpe Community Trust running St Michael's Workshop is the UK manufacturer of "Godly Play" products. The trainees are adults with learning difficulties and physical disadvantages.

For Praver:

- ♦ Seeking discernment and God's wisdom to do all the things Christ is calling the
- ♦ For strength and resilience. The numbers of people with mental health issues in
- ♦ For the Arts festival held earlier this year which allowed the Good News to connect art and spirituality.
- ♦That the gospel will be presented to enable people to listen and engage in new and different ways.

Leprosy Mission

Leprosy Mission catalogues are available at the back of the church. Orders given to Barbara Reynolds will result in profits for our church as well as the Leprosy Mission. Items not in the catalogue, but listed online, can also be ordered this way - and there is no postage to pay!

P.S. (Fairtrade chocolate real advent calendars containing the Christmas story book are on page 18.)

A Busy Week at SBC

Monday

School Holidays Begin Church Open for Prayer

10.00 to 12noon

Tuesday

Coffee and Chat

9.30 to 11.30am In the Stables

Prayer for Revival

9.30am Three Windows Brumstead Rd

Wednesday

Over 60s Table Tennis Club

9.30am to Midday

Study Group

7.30pm in the Stables

Thursday

Holiday Club

9.30 to 11.30am in the Church

Friday

Food Bank and Citizens Advice Service

1.30 to 3.00pm In the Stables

Saturday

Getting together to PRAY!

8.00 to 9.00am In the Church

Sunday

Summer Time Ends Church Service 10.45am Connect Service

5.00 - 6.30pm in the Schoolroom

Don't Miss The Next Connect Service

Sunday 27th October 5.00 to 6.30pm in the Schoolroom **Connect with**



Tea, Coffee and snacks available The first service was a huge success with over 30 people attending.

If you have a T-loop facility on your hearing aid, and wish to use this, you will get the best reception in the church if you sit close to the walls as the 'loop' is transmitted from the conduit around the edge. We hope this will enable you to enjoy our services more.

Virtual Prayer Room

On Tuesday 8th, Victoria asked for prayers for her niece Phoebe and family. Phoebe has Down's Syndrome and her father Paul Child was baptised at SBC and is now a Vicar in South Shields.

Tests last Friday confirmed her heart hadn't responded to the surgery as well as they had hoped and is still very weak pumping and pushing blood out of her left ventricle so they had decided to change her meds which was a nerve wrecking thought for them. They wanted to admit her on Wednesday to try her on beta blockers. There was a small risk they could make her heart function worse or her heart rate plummet but should she tolerate them then they could help improve her heart function! Miriam said "It's a scary place to be and your prayers that she would tolerate this, there would be no decline to her heart function or other unknown side effects on the day or days after and that I get to bring her safely home would be greatly appreciated."

On Wednesday doctors postponed these plans until the 30th as Phoebe had been fighting a virus for a couple of days and had not wanted to eat or drink much which is a massive challenge when you take medication that relies on diet to work properly and meds that lower your blood pressure/strip you of fluid so they have to be even more careful that she doesn't dehydrate. Please continue to pray.

To join the ever-growing WhatsApp Virtual Prayer Room text Jerry on 07733837687. You will need a smart phone.

Reminders

Half Term Holiday Club. On Thursday 24th October from 9.30 to 11.30 we are Holiday Clubbing again. If you are free to help - or know children aged 5 to 11 who might like to attend - have a chat to Barbara Reynolds.

News Stand

Winter reminder. To preserve heating in the Sanctuary please ensure the inner doors are kept closed.

Monday's Filling Station. If you were there, then you may want to share with others what they missed. They can listen to the whole talk and the questions asked after it on our web site at:

https://www.norfolkbroadsfillingstation.org.uk/ if they do not have time to listen to the whole talk they can listen to a two minute extract at https://www.norfolkbroadsfillingstation.org.uk/ audio/1910_robert_bragg_short_extract.mp3

Town Hall Table

The Town Hall table is an important part of SBC's outreach work. This month's is on Tuesday 29th 9.00pm to Midday. If you could help please have a chat with David.

Cromer Food Bank

Thank You Stalham Baptist Church for September Donations During September you contributed 47.15kg of food which helped towards a monthly total of 3708.04kg. including Harvest Festival. We totally rely on donations, both food and financial, to operate and we are extremely grateful when people choose to support us. So, thank you for thinking of us and enabling us to serve the people in crisis across our district. If you would like to be involved in fundraising for us in the future or would like one of us to come to talk about the work of the Foodbank, then please get in touch.

Thank you for your support and generosity without which the foodbank work would not be possible.

During October, the following items would be particularly welcome: Tinned Fruit, Tinned Potatoes, Tinned Tomatoes, Pasta/Rice, Pasta Sauce, Long Life Milk - Semi skimmed or Full fat, Tinned Rice Pudding, Tinned Fish, Long Life Fruit Juice, Cuppa Soup, Instant Snacks – add hot water, Sponge Puddings, Custard, Jam, Biscuits, Chocolate, Deodorant, Shampoo, Shower Gel, Washing Up Liquid, Washing Powder/Liquid - non bio, Toilet Rolls. Please note that we cannot accept any fresh food or items that contain alcohol. For more information go to www.cromerdistrict.foodbank.org.uk

Sunday Service October 27th

Flowers: Gillian Meale Welcome: Barbara and Jenny Refreshments: Elinor and Jill

> **For Your Diary** Monday October 28th

Prayer Meeting 7.00 to 8.00pm in the Church Tuesday October 29th Town Hall Table

9.00 to Midday in the Town Hall Speak to David if you can help

Saturday November 9th Men's Breakfast

In the Stables 8.30am

Monday November 11th **Filling Station**

7.00 for 7.30pm Hickling Barns

Saturday November 16th 60s Evening 7.00pm in the Church

Sunday November 17th Shoe Box Appeal Joint Service 3.00pm at St Mary's Church

Jerry's Extra Read

Romans 14:1-23 Romans 6:1-23 Matthew 15:1-13/ Mark 7:1-13 Isaiah 29:13-14

Quotes of the Week

"The moral legalist is always the elder brother of the immoral prodigal. They are blood brothers in God's sight because both reject the sovereign mercy of God in Christ as a means to righteousness and use either morality or immorality as a means of expressing their independence and self-sufficiency and selfdetermination. " -John Piper

"If your brother or sister is distressed because of what you eat, you are no longer acting in love. Do not by your eating destroy someone for whom Christ died. Therefore, do not let what you know is good be spoken of as evil. For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit, because anyone who serves Christ in this way is pleasing to God and receives human approval." Romans' 14:15-18

"Yes, people watch too much TV and play too many video games and spend too much time on the Internet and what-have-you. But the proper response to our media over-saturation is not a rigorous attention to the explicitly "spiritual" in every margin of life. Be a Christian, not an ascetic. Don't be lazy, but realize that Jesus Christ did not die and rise for you so that you would stress out about whether you're being spiritual enough. So take a nap. Watch some television. The gospel frees you to chill the heck out."- Jared Wilson: