

# Stalham Baptist Church

Sunday 26th April SBC News

## This Week's On Line Service "Blessings out of buffetings!?"



**Pastor:** Rev. Ron Skivington 01692 582731  
**Assistant Pastor:** Jerry Otieno 07733837687  
**Secretary:** Diana Gordon 07951949128  
**Ministry Team:** The Whole Fellowship

### Welcome to Sunday 26th On Line Service

Diana will be leading and Ron is preaching and starting a new series on 2nd Corinthians. This week 2 Cor 1:1-11 "Blessings out of buffetings!?"

You can follow the service on the SBC website

[www.stalhambaptist.org.uk/](http://www.stalhambaptist.org.uk/).

Then click on the icon pictured left.

### Ron's Further reading

Acts 9:1f, 4:36, 2 Corinthians 4:7f, 5:1f

### For Your Prayers

Please pray for **Ron** as he works through these difficult times with a growing number of funerals which must be performed with Coronavirus restrictions in mind. As it stands, only immediate family members such as a parent, son or daughter, partner or spouse can attend the services at a crematorium and burial services have to be held at the graveside not in the church with the same restrictions.

Prayers please for the family of **Joseph Ingham** whose funeral will be at Cromer on Tuesday.

Please pray for all those working hard to bring services to the fellowship and the wider community.

As we pray through the new Church Directory, please remember **Jill Mobbs**.

Also pray for all the volunteers working to support those isolated by the virus by collecting shopping and medicines. We have been unable to distribute prayer cards this month but please pray for our community and those isolated in it, those whose income has been reduced and also for the business that they will manage to survive this crisis.

### Virtual Prayer Room

On Monday 20th David posted "Please pray for Ros who lives in Durban SA who is a nurse and a Christian she has been connected to SBC for a long time reading the bulletin every week and receiving the Community Scene. Since the lockdown she has been following the online services and exchanging talks from **Alan Wagner**, her church's pastor, which have been good to listen to. Her mother, Mary, a Stalham resident says Ros is having breathing difficulties, is on a drip and receiving medication. Please pray she is able to quickly recover from her illness and is able to return to nursing, support the **Lighthouse Church** in Durban and continue to be part of SBC's extended fellowship."

On Tuesday Diana said "Hi all. Appreciate a special prayer. Really bad side effect from my immune boosting injection. Had to ring the cancer unit at 6.00am because of horrendous back pain. Dr agreed for me to stop the injection on this round (I have had 3 of 5) and let it get out of my system. Will review it at my next treatment on the 5th."

On Wednesday Jan and Henry posted "Please cover us in prayer as we feel led to prayer walk streets in Stalham between now and Pentecost lifting up the name of God each day and using prayers of proclamation and declaration in the Call to Prayer booklet for communities. Also, conversations along the way."

**To join the ever-growing WhatsApp Virtual Prayer Room text Jerry on 07733837687. You will need a smart phone.**

If you are reading this newsletter as a PDF you can click on the red highlighted links and you will be taken to the relevant websites.

Don't forget you can also follow what's happening at SBC on twitter

[https://twitter.com/](https://twitter.com/StalhamChurch)

**StalhamChurch** and on Facebook

[www.facebook.com/](https://www.facebook.com/stalhambaptist)  
[stalhambaptist](https://www.facebook.com/stalhambaptist)

### FOOD BANK

SBC is open Monday to Friday from 10.00am to 12 noon to receive donations for the food bank or for anyone who wants to sign up to help in the community with food or medicine deliveries. It is manned by either Ron or Jerry. Also, The Good News paper and the Community Scene Magazine are available at the back of the church.

The **Food Bank** is open on Fridays in the Stables from 1.15 to 3.00pm. If you need help, or know someone in difficulty, either contact the Citizens Advice Service 0344 411 1444, the Food Bank on 07826376343, or contact Ron Skivington at [minister@stalhambaptist.org.uk](mailto:minister@stalhambaptist.org.uk).

### Dealing with The Crisis

"Keep your thoughts positive because your thought become **YOUR WORDS**.  
Keep your words positive because your words become **YOUR BEHAVIOUR**  
Keep your behaviour positive because your behaviour becomes **YOUR HABITS**  
Keep your habits positive because your habits become **YOUR VALUES**  
Keep your values positive because your values become **YOUR DESTINY**"

*Mahatma Gandhi*



## Cromer Food Bank

During March SBC contributed 55.05kg (121 pounds) of food which helped towards a monthly total of 3484.4kg. We rely on donations, both food and financial, to operate and we are extremely grateful when people choose to support us. So thank you for thinking of us and enabling us to serve the people in crisis across our district.

If you would like to be involved in fundraising for us in the future or would like one of us to come to talk about the work of the Foodbank, then please get in touch.

Thank you for your support and generosity without which the foodbank work would not be possible.

During April the following items would be very welcome: Tinned Tomatoes, Pasta Sauce, Tinned Potatoes, Tinned Rice Pudding, Tea, Long Life Milk – Semi skimmed or Full fat, Tinned Fruit, Tinned Vegetables, Sponge Pudding, Custard, Jam, Tea, Fruit Juice/Squash, Instant Snacks – just add hot water Shampoo, Chocolate, Deodorant, Toilet Rolls, Shampoo, plus any children's activities books.

Please note that we cannot accept any fresh food or items that contain alcohol. For more information go to

[www.cromerdistrict.foodbank.org.uk](http://www.cromerdistrict.foodbank.org.uk) or contact us by email at [info@cromerdistrict.foodbank.org.uk](mailto:info@cromerdistrict.foodbank.org.uk) or phone 07826376343

### Zoom Call To Prayer Wednesday 29th April 7.00pm

Diana writes. I have scheduled a Zoom call to prayer for Wednesday 29th April. 7pm.

I will send out the invitations to those on line over next couple of days.

#### Focus for prayer:

- ◆ Fellowship & Stalham Community. During lockdown and when restrictions get lifted.
- ◆ Government and World Leaders. Working Together to prevent infections and develop a vaccine.
- ◆ For the gospel to be spread through internet and social media. For Revival
- ◆ For all those putting their lives in danger to care for others and keep essential services running.
- ◆ For those who are significantly disadvantaged either financially or materially - the homeless, those whose loss of income takes them below the poverty line
- ◆ For those with mental health problems and addictions who have lost their link to essential services.
- ◆ For all vulnerable adults and children.

### Courage Is Not The Absence Of Fear

**Roshan Mendis does not describe himself as a brave man. But I think that anyone who has met him would respectfully beg to differ.** Writes Hannah Watson of BMS World Mission. His native Sri Lanka was riven by brutal conflict for over 30 years, and he has experienced a closer walk with death and loss than many of us might ever know. In his work, often partnering with BMS World Mission, Roshan has become well-acquainted with trauma. He co-ordinated psychosocial and livelihoods support after the devastating Easter Sunday bombings last year, and now once again he's at the heart of a crisis response as **Sri Lanka faces the threat of Coronavirus.**

If you would like to read Roshan's story click on the following link. [Read](#)

## Quotes of the week

"All that is gold does not glitter,  
Not all those who wander are lost;  
The old that is strong does not wither,  
Deep roots are not reached by the frost.  
From the ashes a fire shall be woken,  
A light from the shadows shall spring;  
Renewed shall be blade that was broken,  
The crownless again shall be king."

*J.R.R. Tolkien, The Fellowship of the Ring*

"If you live in the dark a long time and the sun comes out, you do not cross into it whistling. There's an initial uprush of relief at first, then-for me, anyway- a profound dislocation. My old assumptions about how the world works are buried, yet my new ones aren't yet operational. There's been a death of sorts, but without a few days in hell, no resurrection is possible."

*Mary Karr, Lit*

You see the giant and the shepherd in the Valley of Elah and your eye is drawn to the man with sword and shield and the glittering armour. But so much of what is beautiful and valuable in the world comes from the shepherd, who has more strength and purpose than we ever imagine."

— **Malcolm Gladwell**, David and Goliath: Underdogs, Misfits, and the Art of Battling Giants

What doesn't destroy us only serves to make us stronger.

*Friedrich Nietzsche*

We have troubles all around us, but we are not defeated. We often don't know what to do, but we don't give up. We are persecuted, but God does not leave us. We are hurt sometimes, but we are not destroyed.

*2 Corinthians 4: 8-9*



**Life often appears to be crushing us. But often it creates a diamond.**

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